

# Guidelines

---

It is important to remember that, in order to get a certain type of service, it must be identified as a need in your IPP. Also, regional centers cannot pay for services that another agency is required to pay for. In addition, some types of services have very strict requirements in the Lanterman Act that must be met for regional center funding.

This is not an exhaustive list. If you need a particular service, the regional center is obligated to help you find it from a generic resource or develop and pay for it.

*Please refer to the Lanterman Act, Section 4512(b). (California Welfare and Institutions Code)*

## ***Continued from Inside***

### **Residential Options**

Family home services (like foster care for adults)

Skilled nursing

Licensed homes (3 – 6 residents); various types depending on needs of residents including medical support, full accessibility, behavioral support, visual or auditory impairments, low sensory, geriatric etc.

Large licensed facilities

Very limited use:

State developmental centers

Out of state specialized residences

### **Social Recreation**

#### **Supplies**

Diapers or Depends

Other expendable supplies needed due to disability

#### **Training**

Adaptive skills training

Driver training

Mobility training

Money management/budgeting

Community integration training

Social skills training

#### **Transportation**

Vendored transportation services

Transportation aide

Mobility training (learning how to use public transportation)

OCTOBER 2021

---

## Common Regional Center Funded Services for Adults

Compiled by  
State Council on  
Developmental Disabilities  
Los Angeles Office



# Common Services

---

## **Adaptations/Accessibility**

Housing accessibility such as ramps, bars, lifts, adapted showers etc.  
Vehicle modifications

## **Adult Day Programs**

Adult day health center  
Adult development center  
Day training activity center  
Behavioral support day program  
Alternative day program  
In-home day program

## **Arts**

Creative arts programs (usually considered as an adult day program)

## **Behavioral Support**

Behavior analyst  
Behavior support program

## **Camping Services**

And associated travel costs

## **Crisis Services**

Crisis prevention and intervention  
On-call crisis team

## **Education**

Tutoring  
Personal support to attend college, vocational school or other educational venue (*must be no longer eligible for special education*)

## **Employment**

Supported employment  
Self-employment  
Group employment - enclaves

Workshops

## **Equipment**

Communication aids  
Mobility devices  
Durable medical equipment  
Other equipment needed to live in least restrictive environment

## **Family Support**

In-home respite  
Out of home respite  
Support groups  
Counseling

## **Independent Living - Adults**

Supported living services – person needs moderate to intensive support in their own home  
Independent living services – person needs minimal to moderate support in their own home  
Homemaker services – general household activities  
Chore services – heavy household chores or minor repair work  
Emergency monitoring (LifeLine or similar)

## **Medical (if not covered by insurance)**

Acute care hospital  
Audiology  
Dietary services  
Physicians/surgeons  
Dental  
Residential services (medical)  
Skilled nursing facility

Home health services  
Radiologic/Lab  
Nursing: RN, LVN, CNA  
Orthoptic – specialized eye care  
Orthotic/Prosthetic  
Pharmaceuticals  
Miscellaneous medical support and services

## **Medical Therapies**

Occupational therapy  
Physical therapy  
Speech therapy

## **Mental Health Services**

Counseling  
Mental health therapy – psychologist, psychiatrist, LMFT, MSW etc.  
Crisis prevention/intervention  
On-call crisis team

## **Nonmedical Therapies, Including But Not Limited To:**

Specialized recreation  
Art therapy  
Dance therapy  
Equestrian therapy  
Music therapy

## **Professional Services**

Attorney/legal services  
Financial management/HR  
Funeral  
Interpreter/translator  
Interdisciplinary assessments

*Continued on back panel*